

Maria Eugênia Garcia Porto, PhD

My motivation has always been related to healing processes and self-knowledge. When I was in the university my object of study was changes in water properties through various physical and chemical processes. My Master's research took place about 25 years ago at UNICAMP (University of Campinas) in Brazil, with a multidisciplinary team that studied information transfer from a remedy or aqueous solution to deionized water. After the process, the structured water responded similarly to the remedy used as a template when applied to biological sensors. Having my PhD research sponsored by Natura Cosmetics, I developed a structured water skin-moisturizer and studied different kinds of processes that could alter water behavior, such as high dilutions, fractional melting of water and exposure to magnetic fields.

For nearly twenty years I lectured chemistry for engineering undergraduate courses and worked as a member of the engineering coordination team at FACAMP, a college in Campinas, Brazil, but my passion for water took me way beyond the academic approach I was exposed to for so long. I've been working outside the university on the improvement and handcrafted production of structured water as a skin moisturizer and eye drop, which is an excellent supporting agent for mild and moderate burn treatments. I've been also working with CranioSacral Therapy, which opened my horizon to the importance of fascia and proper nutrition of the nervous system through cerebrospinal fluid in order to release stress and keep the body healthy.

As a chemistry bachelor, all alchemical processes interest me, which led me to take courses on Spagyrics, an ancient form of relationship with nature that applies alchemical working methods to the production of medicaments. And since everything in the universe is vibration, I have been studying neuroacoustic therapy with the Biotuning System™ developed by Dr. Jeffrey Thompson at the *Center for Neuroacoustic Research* in California, which is an effective tool to get people back into their state of homeostasis.