

Water that heals

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Mesohydrotherapy is a regenerative and “ground” therapy, which acts on biological, biochemical and physical alterations, at the origin of many pathologies. It is implemented through the hydration of the extracellular matrix and cellular micronutrition, carried out with **intra-dermal or subcutaneous injections of ionized sterile water, trace elements and vitamins**. To these injections can be added active remedies, mainly homotoxicological, to act on particular alterations or pathologies, and the structuring of the injected water to make hydration more effective. It is an inexpensive little-known therapy, but very effective to counteract chronic pain and promote body homeostasis. It allows to treat many degenerative diseases and particularly bones and joint problems. It also has preventive and aesthetic applications.

Mesohydrotherapy acts on different pathophysiological components: pain (it is an excellent analgesic), inflammation, dehydration, acidosis and oxidative stress. Degenerative and inflammatory diseases often do not find an adequate response in classical medicine and their socio-economic impact is important. Mesohydrotherapy is able to treat these pathologies. It is very well associated with regenerative medicine, of which it is part in a certain sense, as hydration is the indispensable condition for being able to regenerate traumatized or damaged tissues.

In addition, **the water injected is structured by specific sound frequencies** that are conveyed through a transducer at the level of the hydration pad and at the same time through a listening headset for a specific time. Sound frequencies vary according to the anatomical region concerned. The structuring of water provides the role of "memory", that is, the ability to store and convey information in the form of electromagnetic waves and is able to provide the electromagnetic energy necessary for all tissue and cellular metabolic reactions. The WHO estimates that more than 70% of the world's population is at least slightly dehydrated. Given the new findings of water research, we can say that dehydration damages doubly: lack of energy for metabolism and lack of information to optimally coordinate the tens of thousands of chemical reactions in cells. Aging itself causes a loss of hexagonal water from organs, tissues and cells and an overall decrease in structured water. Even mild dehydration has effects at the cellular level by releasing histamine and cortisol, which weaken the immune system and cause toxic buildup, inflammation and slowing metabolism. This healing technique, which supports hydration and cellular nutrition, can be applied to a large number of pathologies and is very effective and risk-free. It is also inexpensive, requiring relatively simple theoretical and practical training.

