

Hydrotherapy in Chinese Culture History – Locations – Theory - Applications

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Abstract:

The presentation “Hydrotherapy in Chinese Culture: History – Locations – Theory - Applications” examines the historical, cultural and theoretical review of ideas and development of water therapy during Imperial China until modern times. It will show the history of discoveries of water springs and its application and mentioning in classical Chinese literature. It refers to events concerning water mentioned in historical chronicles and also the glance to water by “Chinese Medicine” 中醫 (zhongyi) and Chinese landscaping theories “Wind and Water” 風水 (fengshui). At the end it will give a prospect about the application and principle concepts of hydrotherapy in modern concepts of Chinese medicine.